

## SCHEDULE OF THE DAY IN ESC NYAMAGABE FOR ACADEMIC YEAR 2013/2024

MONDAY TO FRIDAY	SATURDAY	SUNDAY
5h00-6h00: Wake up and Bathing	5h00-7h30: Morning Sport	6h00-7h30: Wake up and Bathing
6h00-7h00: Self-Study	7h30-8h00: Breakfast	7h30-8h00: Breakfast
7h00-7h40: Morning work	8h00-10h00: Self- Study	8h00-9h00: Self- study
7h40-8h00: Breakfast	10h00-12h30: Cleaning in general	9h00-12h30: Prayers
8h00-8h25: Morning Assembly	12h30-13h30: Lunch	13h00-13h50: Lunch
8h30-10h30: Class	13h30-16h30: Washing, entertainment, Players	14h00-16h00: Self-Study, Group work
10h30-10h50: Break	16h30-17h30: Youth movements	16h00-17h50: Cleaning and Sport
10h50-12h50: Class	18h00-19h30: Self-Study	18h00-19h30: Self Study
12h50-13h50: Lunch and Break	19h00-19h50: Supper	19h00-19h50: Supper
14h00-16h40: Class	20h00-21h30: Entertainment	20h00-21h30: Self-Study
16h40-17h30: Sport and class clearing	21h30-Bed: Time	21h30: Bedtime
17h30-17h55: Bathing		
18h00-19h30: First Self-study		
19h00-19h50: Supper		
20h00-21h30: Second Self-study		
21h30: Bed time		

**Note:** Monday up to Friday: 16h40-17h30 Sports

Wednesday: 14h00-14h40 Class

14h40-16h00 CLUBS

ITORERO (One per month)

**NGEZENUBWO Mathias**  
**PRINCIPAL of ESC NYAMAGABE**